ANNUAL REPORT

NAUGACHIA JAN VIKAS LOK KARYAKRAM (NAU JAN LOK)

2018-2019









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Acknowledgment

I am happy to present the "Annual Report" for the period 2018-2019 of our organization- Naugachia Jan Vikas Lok Karyakram (Nau Jan Lok). The year threw up many challenges, prompted us to push ourselves to new limits, become innovative and emerges with new insights. It made us faces many situations where we were challenged to change, modify or recreate the modality to work for benefits of our beneficiaries. However, what did not change for us is our zeal to create a society free of hunger and poverty and making the people



of the lowest segments of society progress towards a better life and future. The path for this work has never been smooth and we have faltered, learned and evolved into being more rooted and compassionate. We are delighted to have exceeded our targets across all of our programs. We have also strengthened and streamlined our interventions through regular monitoring, evaluation and timely strategic decisions making within the organization. In time of crisis and pain, what has helped us stay the course is the faith that has been bestowed on us by our beneficiaries, partners, funders and well-wishers. Amidst all of this, we kept motivated our beneficiary -women, children and adolescents to emerge as champions and live with full dignity and empowerment.

We have successfully implemented various community-based development programs for the poor and underserved populations of the Naugachia subdivision in Bhagalpur district and Khagaria district with an aspiration to see them on progressive paths. The poor, deprived and ignored communities are now able to generate sustainable livelihoods, exercising their rights and enacting their roles with full dignity and empowerment. They are growing as sensitized and empowered communities as per our aims and objects.

I took this opportunity to express my heartfelt gratitude to our donors- Child Line India Foundation, Misereor/KZE, Millennium Alliance, SSP and "Solidarity Group of Eugendorf" and above all to the local community, govt. officials, staff, print media and individuals whose support and timely advices helped us to move forward with success.

Sincerely,

Madan Mohan Thakur

Secretary

NAU JAN LOK- AN INTRODUCTION

* ABOUT US

Naugachia Jan Vikas Lok Karyakram (Nau Jan Lok) is a non- government, non- profit, democratic, secular and social organization dedicated to the holistic development of the marginalized rural and urban communities in Bihar. Nau Jan Lok is registered under the Indian Society Registration Act 21, 1860 on 3rd March 1987 with the govt. of Bihar, Patna. It is also registered under Section 12(A) of the Income Tax Act, 1961 in the year 1991-92 and under the FCR Act, 1976 in the year 1991¹. Since inception, Nau Jan Lok is working to reduce the vulnerabilities of the marginalized communities with respect to various issues. We are presently operational in *07* blocks of Bhagalpur district in Bihar. Through our good work, we have achieved a special recognition among the poor and marginalized community for whom we are working for.

VISION

To establish and strengthen a civil society/social order that is just, equitable and humane. This vision is supported not only by the United Nations Charter of Human Rights but also by the thrusts of the constitution of India that assures to all its citizens- justice (Social, Economic and Political) liberty of thought, expression, belief, faith and worship, equality of status, opportunity and fraternity assuring the dignity of the individuals and the unity of the Nation.

MISSION

To see a developed, sensitized and empowered rural society on the developmental platforms in a holistic approach where each and every individual hailing from the marginalized sections could develop the leadership and could be able to take self- decision for leading life with full dignity and respect.

+ GOAL

To establish an egalitarian society with holistic approaches where equality of status and opportunity assures the dignity of the individuals and the unity of the nation.

* OBJECTIVES

- a. To provide help and support to the neglected, oppressed, poor and helpless rural and urban women, girls and children.
- b. To aware, sensitize and capacitate the small, marginal and poor farmers for sustainable agriculture practices and livelihood security.
- c. To mainstream the poorest of the poor in all developmental aspects.
- d. To aware, sensitize and empower adolescent boys and girls on reproductive health and rights.
- e. To provide shelter, relief and rehabilitation to flood, disasters and waterlogged victims.
- f. To empower poor rural women socially and economically through awareness and livelihood generation programs.
- g. To promote investment and IGAs among the poor rural and urban poor people for their self-reliance.
- h. To aware and sensitize rural labor about their rights and ensure work opportunity.
- i. To mainstream child labors through education.
- j. To empower and strengthen local governance system for the overall development of the villages.

¹ Registration renewed for 5 years by MHA, New Delhi.

• OPERATIONAL AREA

Nau Jan Lok is operational in more than *120* villages of the Naugachia, Kharik, Bihpur, Narayanpur, Gopalpur, Ismailpur and Rangra blocks in Naugachia subdivision in Bhagalpur district in Bihar. Under the Child Line project, we also covered Mansi block in Khagaria district in Bihar.

* TARGETED POPULATIONS

- a. Downtrodden and marginalized communities residing in the rural and urban areas.
- b. Neglected, oppressed, poor and helpless women, girls and children.
- c. Small and marginal farmers.
- d. Poorest of the poor.
- e. Adolescent boys and girls.
- f. Flood, disaster and waterlog victims.
- g. Local vaidya and traditional doctors.
- h. Rural labors.

PROGRAMS IMPLEMENTED DURING THE YEAR

(I) Child Line Project: Perhaps the most disadvantaged group in India is the millions of street children who live or work on the street. Street children have fallen through society's cracks – there are few ladders for them to climb back up. They live as their parents did and as their own children are likely to do. Children live and work on the street because their parents are poor, or they are orphans, or they have run away from home, often to escape abuse. They are invariably malnourished, receive scant education or medical treatment, and are involved in child labour from an early age. Child prostitution and sexual abuse are also major problems, as is addiction to drugs. These children live in a different world to the emerging middle class. Taken as a separate nation, they represent one of the neediest peoples on the planet. 1

In Naugachia subdivision in Bhagalpur district in Bihar, the problems of street children are many. In 2018-19, we covered *04* blocks namely Naugachia, Kharik, Bihpur and Gopalpur where there are hundreds of thousands of destitute, runaway and orphaned children living in the hand-to-mouth situation. For them, education is an unattainable luxury or irrelevant. They lose their childhoods and have little hope for a better future. Supported by **Child Line India Foundation, Mumbai**, we have undertaken different interventions for street children in the age group 0-18 years and also advocates for child rights. In order to make the child Line program a success, efforts are being made to link this program with govt. offices in Bihar that are working on different child issues.

Activities Implemented

A. <u>Case Interventions</u>: Although, Nau Jan Lok work for the protection of the rights of all children in general but we give special emphasis to vulnerable children in the age group 0-18 years, who need care and protection that include street children living alone on the streets, child laborers working in the unorganized and organized sectors, children affected by physical / sexual / emotional abuse in family, schools or institutions, children who need emotional support and guidance, abandoned children, missing children, run away children, children who are victims of substance abuse, differently-able children and mentally challenged children. In 2018-19, a total of **225** such cases were successfully solved. The details of case interventions are as follows:

SI. No.	Type of Cases	No. of Cases	
1.	Medical	37	

2.	Shelter	32
3.	Restoration	16
4.	Protection from Abuse	27
5.	Conflict of Law	0
6.	Sponsorship	88
7.	Child Lost Found	1
8.	Parents Asking For Help	13
9.	E.S.G.	10
10.	Referred by another Child Line	1
	Total	225





B. <u>Awareness Programs</u>: On the occasion of "<u>BAL DIWAS</u>" a series of awareness programs were organized in *3* blocks (Naugachia, Khagaria and Mansi) of Bhagalpur and Khagaria districts in Bihar to promote "integrated child protection scheme" implemented by the Ministry of women and child development, Govt. of India. The details of the awareness programs are as follows:

Date	Place	Panchayat	Block	Program	Participant
14.11.18	Mahdatpur	Jamunia	Naugachia	Painting Competition	43
15.11.18	Rako	Rako	Khagaria	Rally	76
16.11.18	Simra	Pakra	Naugachia	Sports Events	34
17.11.18	Punama	Punama	Naugachia	Cultural Program	35
18.11.18	Naugachia	Naugachia	Naugachia	Signature Campaign	117
19.11.18	Pakra	Pakra	Naugachia	Rally	95
19.11.18	Pakra	Pakra	Naugachia	Cultural Program	74
20.11.16	Ekania	Mansi	Mansi	Rally	92
20.11.18	Khagaria	Hazipur	Khagaria	Cultural Program	53
Total					619

these awareness programs/campaign, villagers were informed about child line 1098, a free 24-hour, free emergency telephone helpline number. The awareness rally and cultural programs were instrumental in raising awareness of villagers on social evils like child marriages, child trafficking and child rights. Prize distributions were also made for cultural and sports events. These programs promoted the



hidden talents of children also by making them participate in the paintings and signature programs.

C. <u>Open House Program</u>: Open House Program is an "<u>open forum for children</u>" to raise issues/problems faced by them to the Child Line team. This forum allows children to be heard and seek support from the government systems. In 2018-19, a total of *12* Open Houses were arranged in *12* villages of the Kharik, Bihpur and Naugachia blocks of Bhagalpur district to meet out this objective. The details are as follows:

Date	Village	Panchayat	Block	Participant
17.04.18	Raghopur	Raghopur	Kharik	39
17.05.18	Sakucha	Punama	Naugachia	41
20.06.18	Nagartola	Usmanpur	Kharik	42
14.07.18	Jhawn	Akidatpur	Kharik	37
18.08.18	Jairampur	Dharampurratti	Bihpur	41
14.09.18	Naya Tola	NAC-22	Naugachia	41
20.10.18	Dhruvganj	Dhruvganj	Kharik	17
21.11.18	Shripur	Tetri	Naugachia	40
17.12.18	Athania	Usmanpur	Kharik	42
18.01.19	Yamunia	Yamunia	Naugachia	41
15.02.19	Raghopur	Raghopur	Kharik	42
15.03.19	Hario	Hario	Bihpur	41
	464			

Held once in a month, these open house programs disseminated information to children and villagers about the basic facilities provided to the children in the schools. It also helped in identifying problems faced by children and receiving their feedback on the basic facilities that were provided to them in the schools. Problems like toilets, buildings, books, dresses, mid-day meals in schools and how to solve them by giving applications to the govt. officials and school authorities were discussed at length.



D. <u>Block Level Meetings of the CAB</u>: The Child line's Advisory Board (CAB) is the principal policy-making body of child line at the city and block level. The key tasks of the CAB include reviewing the functions of child line and suggesting improvement measures. The CAB act as

a panel that brings together decision makers of allied system organizations and presents the issues faced by children that are brought to the forefront through open house sessions and case interventions. CAB meetings are well planned and proving a good platform for Child Line to make a direct interface with allied systems to resolve child issues. It also ensures that all allied system organizations should actively participate in child protection measures.

In 2018-19, *05* CAB meetings were organized at Kharik, Gopalpur, Bihpur and Naugachia blocks in Bhagalpur district by Nau Jan Lok. The details are as follows:

Date	Block	Members Participated
17.07.18	Gopalpur	18
17.07.18	Bihpur	23
06.09.18	Kharik	20
25.01.19	Naugachia	18
12.02.19	Kharik	26
	Total	105

These CAB meetings were organized under the presidentship of Block Development Officer with the able participation of the Nodal Officers and officials/representatives of the Education Department, Child Labor Department, ICDS, Police, Health Department, Pramukh/Up Pramukh and Mukhia and Sarpanch of the Panchayat Samiti. Elaborative discussions were made on the progress of the child line and it was emphasized that each and everyone should cooperate in it. It was also decided to organize quarterly CAB meetings in order to improve child protection with the support of allied system organizations.





E. *Meetings of the Resource Organization:* On *30.09.18* & *21.01.19*, meetings of the Resource Organization were organized at Naugachia block by Nau Jan Lok. A total of *49* NGO representatives and social workers participated in the meetings with good success. Mr. M. M. Thakur, Secretary of Nau Jan Lok gave an overview of the Child Line project and a brief description of the Child Line project was presented by the Team Leader and Team Members to the participants. They were conveyed that Child line is a national, 24-hour, free emergency telephone helpline and outreach service for children in need of care and protection. It aims to reach out to all children in distress aged 0-18 years. Child Line provides interventions of shelter, medical, restoration, rescue, sponsorships and emotional support and guidance and linking them to long-term services. The participants were told to use 1098 services regularly to support needy and helpless children. It was also decided to arrange meetings of the Resource Organization preferably on a quarterly basis.

F. <u>Promotional Program</u>: In order to promote "Child Line Program" in an effective manner, series of promotional programs in the form of meetings were organized. In these meetings information was provided on 1098-free emergency phone services and other child issues to volunteers, guards, ANM, ICDS workers, Anganwadi Sevika and PRIs in a successful manner. The details of the promotional programs are as follows:

SI. No.	Date	Place	Block	Program	Participant	
1	06.05.18	Kharik Police Station	Kharik	Awareness to Guard	14	
2	10.07.18	PHC, Naugachia	Naugachia	Awareness to ANM	21	
3	28.07.18	ICDS Office, Bihpur	Bihpur	Awareness to ICDS workers	63	
4	14.08.18	ICDS Office, Ismailpur	Ismailpur	Awareness to ICDS workers	32	
5	09.09.18	Naugachia Police Station	Naugachia	Awareness to Guard	15	
6	11.09.18	PHC, Naugachia	Naugachia	Awareness to ANM	32	
7	23.09.18	Kharik Police Station	Kharik	Awareness to Guard	14	
8	25.09.18	PHC, Kharik	Kharik	Awareness to ANM	27	
9	16.12.18	Bihpur Police Station	Bihpur	Awareness to Guard	14	
10	23.12.18	Parwatta Police Station	Naugachia	Awareness to Guard	11	
11	25.01.19	ICDS Office, Bihpur	Bihpur	Awareness to ICDS workers	58	
12	28.01.19	TRYSEM Building, Bihpur	Bihpur	Awareness to Volunteers	23	
13	23.02.19	Raghopur	Kharik	Awareness to Panchayat Representatives	25	
14	24.02.19	Kharik Police Station	Kharik	Awareness to Guard	15	
15	14.03.19	Kharik Market	Kharik	Awareness to Volunteers	56	
	Total					

They participants were urged for promotion of child line services in their area and motivated to provide their full support for the success of the Child Line's 1098 services in Bhagalpur.

G. <u>Outreach Program</u>: A one-day outreach program for spreading awareness of Child Line program was organized in which ANM, Anganwadi Sewika, PRI representatives, Guard of Police Station and volunteers participated. Participants were informed about Child Line Project that made interventions of shelter, medical, restoration, rescue, sponsorships and emotional support and guidance to children and linking them to long-term services. The participants were told to aware masses about 1098 services regularly to support needy and helpless children.

H. <u>Block Level Consultation Meetings</u>: On 11.07.18 & 23.02.19, Block Level Consultation Meetings were organized at Raghopur village in Kharik block. In the consultation meeting

following topics were discussed at length:

(1) Rescue of children in the age group 0-18 years (2) Awareness of 1098 a 24-hour, free emergency telephone helpline and outreach service for children (3) supporting children in need (4) prevention of child marriages (5) Prevention of child trafficking (6) protection of child rights and (7) Missing children. A total of 69 participants that included members of SHGs, Panchayat Representatives and CDPO of Kharik block participated in the consultation meetings. It was decided to promote



awareness on child line in their areas, so that needy child should be supported.

(II) Misereor Project: With esteemed support from MISEREOR, Germany- Nau Jan Lok has launched a community-based project in 54 villages of Naugachia and Kharik blocks in Bhagalpur district in Bihar. The project aims to work for livelihood promotion, agricultural promotion, DRR, climate change, village development and health issues in an integrated manner. The project successfully concluded in October, 2018.

Activities Implemented

A. <u>Livelihood Training Programs</u>- Different livelihood training programs were conducted for women SHGs in- (i) Cloth Making (ii) Manjusa Art (iii) Jute Bag Making (iv) Bio-Sand Water Filter (v) Vermin Composting and (vi) Mushroom Training. **838** SHG women/men successfully received training in these trades. The goal of these livelihood training was to improve the poor socio-economic condition of SHG women. The women learnt these skills with sincerity and now successfully involved in IGAs and improving their poor life situation.

DETAILS OF THE LIVELIHOOD TRAINING PROGRAMS

(I) Cloth Making

Date	Village	Panchayat	Block	No. of Trainees
5-30/04/18	Shankarpur	Raghopur	Kharik	30
11/06/18 - 11/07/18	Narkatia	Khairpur	-do-	41
05/09/18 to 05/10/18	Amarpur	Lattipur	Bihpur	40
14/09/18 to 14/10/18	Raghopur	Raghopur	Kharik	35
	146			

(II) Bio Sand Water Filter

Date	Village	Panchayat	Block	No. of Trainees
28/05/18	Thakur Jee Kachahri	Kadwa Diara	Naugachia	23
	Tola			
06/09/18	Bhagwatipur	Lattipur	Bihpur	26
			TOTAL	49

(III) Vermin Composting

Date	Village	Panchayat	Block	No. of Trainees
27/05/18	Narkatia	Khairpur	Kharik	28
25/07/18	Jhawn	Akidatpur	-do-	22
			TOTAL	50

(IV) Mushroom Training

Date	Village	Panchayat	Block	No. of Trainees
11/05/18	Kharik Telghi Tola	Kharik Bazar	Kharik	32
12/05/18	Gharari Tola (East)	-do-	-do-	24
			TOTAL	56

(V) Majusha Painting

Date	Village	Panchayat	Block	No. of Trainees
3-10/04/18	Kadwa Kartik	Kadwa Diara	Naugachia	35
	Nagar			
12-27/04/18	Gauripur	Gauripur	Bihpur	30
04-11/04/18	Lattipur	Lattipur	-do-	28
		(North)		
	93			

(VI) Jute Bag Making

Date	Village	Panchayat	Block	No. of Trainees
17-30/04/18	Raghopur	Raghopur	Kharik	30
22/06/18-	Thakur Jee	Kadwa Diara	Naugachia	30
02/07/18	Katchari Tola			
21-09/18-	Babhangama	Babhangama	Bihpur	32
21/10/18				
	92			

(VI) Vegetable Cultivation

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Date	Village	Panchayat	Block	No. of Trainees						
9.04.18	Badi Athgama	Akidattpur	Kharik	18						
10.04.18	Jamaldipur	Usmanpur	-do-	30						
25-26.04.18	Bhagwan Babu	Khairpur Kadwa	Naugachia	35						
	Kachhari Tola									
27.04.18	Kadwa Pratap Nagar	Kadwa Diara	-do-	30						
04.05.18	Bodwa Tola Kadwa	Khairpur Kadwa	-do-	25						
07-08.05.18	Bhagwan Babu Tola	-do-	-do-	21						
16.05.18	Nagar Tola	Usmanpur	Kharik	23						
25.05.18	Badi Alalpur	Raghopur	-do-	24						
11.06.18	Belsandi Kadwa	Khairpur Kadwa	Naugachia	23						
14.06.18	Laxminia Kadwa	-do-	-do-	26						
23.06.18	Jhawn	Akidattpur	Kharik	26						
19.07.18	Ganganagar Kadwa	Khairpur Kadwa	Naugachia	26						
24.07.18	Raghopur	Raghopur	Kharik	45						
			TOTAL	352						

Overall Achievements

- Income generation abilities of the poor women of all trades improved.
- Initial financial help allowed the beneficiary to start IGAs in the learned skills thus improving their poor family situation in their own environment and living condition.
- Some of the beneficiaries of cloth making have started their own tailoring center. They are assisted for the marketing of their products by Nau Jan Lok.
- The beneficiaries of the Jute Bag Making are linked with "JEEVIKA" for working capitals for preparation of Jute Bags & Folders and marketing.
- Overall status of women in the family and society has vastly improved.





B. *Disaster Management Awareness Program*- Regular workshops were organized in the villages of Kharik, Bihpur and Naugachia blocks for SHG women members to make them aware of Disasters. VDCs and DMTFs that have been formed were of immense help in managing disasters in the area. Formation of "Disaster Kosh" and "Disaster Management Task Force" are very useful in managing the Disaster. Information and guidance for the preparation of village action plan were also very useful. The participants were of immense benefits from these workshops.

Sessions on Hazard mapping were also conducted that helped participants to know about the flood and the problems caused by it. The sessions also clearly pointed out the facilities like high lands, community toilets, drinking water hand pumps, wells, schools, hospitals, etc. that is available in the area. Discussions were made on what is important to do during the pre and post disasters periods and about the relevance of "Disaster Management Task Force (DMTF)" and "Disaster Management Committee (DMC)" for coping up disasters more effectively. The details of the Awareness Workshops and DMTF formed are as follows:

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Date	Village	illage Panchayat		Participants
21.05.18	Bhagwan Babu Katchari Tola	Khairpur Kadwa	Naugachia	24
07.09.18	Laxminia Kadwa	-do-	-do-	34
27.09.18	Kadwa Bodwa Mushari	Kadwa Diara	-do-	32
			TOTAL	90

DETAILS OF THE DMTF FORMED

Date	Village	Panchayat	Block	Members Present
3.08.18	Pratap Nagar Kadwa	Kadwa Diara	Naugachia	08
4.08.18	Kanchanpur Kadwa	-do-	-do-	06
5.08.18	Shankarpur Nanhkar	Raghopur	Kharik	08
6.08.18	Raghopur	-do-	-do-	09
7.08.18	Thakur Jee Katchahri	Kadwa Diara	Naugachia	07
8.08.18	Pakrawasa Kadwa	-do-	-do-	09
9.08.18	Kashimpur Kadwa	-do-	-do-	10
12.08.18	Khairpur	Khairpur	Kharik	12
17.08.18	Jhawn	Akidatpur	Kharik	08
23.08.18	Janglee Tola Kadwa	Khairpur Kadwa	Naugachia	07
24.08.18	Choti Athgama	Akidatpur	Kharik	09
25.08.18	Badi Athgama	Akidatpur	Kharik	07
3.09.18	Sugathia	Akidatpur	Kharik	08
4.09.18	Choti Alalpur	Raghopur	Kharik	07

	174			
27.09.18 Bodwa Tola Kadwa Kadwa Diara		Naugachia	08	
16.09.18	Khairpur Kadwa	Khairpur Kadwa	Naugachia	07
15.09.18	Gola Tola Kadwa	Khairpur Kadwa	Naugachia	09
10.09.18	Nanhkar	Chorhar	Kharik	07
8.09.18	Narkatia	Khairpur	Kharik	08
7.09.18	Laxminia Kadwa	Khairpur Kadwa	Naugachia	11
4.09.18	Badi Alalpur	Raghopur	Kharik	09



C. <u>SHG Capacity Building Program</u>-Capacity building training to women SHGs is an integral part of the Misereor project. In 2018-19, these CB Programs continued for promotion of women's SHGs towards self-reliance by Nau Jan Lok. These SHGs were trained in the concepts of credit management, loans and recovery, leadership, management, linkages to credit, enterprise development, importance of record maintenance, group auditing and personal hygiene and sanitation. At present, these women's groups have become fully independent in their day-to-day functioning, inter loaning and also have procured group loans from Banks for their economic sustainability.

The training support that women have received by being part of SHGs has helped them to become aware of their rights and economic processes that can work in their favor and general awareness on community development. This has enabled them to become self-sufficient for taking up income generation activities and has inculcated a habit of saving. Now with a part of the family income is in their hands that help them to concentrate for the welfare of their entire family, be it for health care, education, saving for the future, etc. It is not uncommon knowledge that when the woman in a family has a stake in the income and savings of the family, the larger benefit of all family members realizes more effectively.

DETAILS OF THE TRAINING CONDUCTED							
Date	Village	Panchayat	Block	Members Present			
31.05.18	Raghopur	Raghopur	Kharik	19			
15.06.18	Amarpur	Amarpur	Bihpur	26			
17.06.18	Amarpur	Amarpur	Bihpur	25			
20.06.18	Amarpur	Amarpur	Bihpur	27			
27.06.18	Jhawn	Akidatpur	Kharik	32			
29.07.18	Lodipur	Akidatpur	Kharik	32			
20.08.18	Thakurjee Katchari	Kadwa Diara	Naugachia	24			
22.08.18	Gola Tola Kadwa	Khairpur Kadwa	Naugachia	30			

29.08.18	Khairpur Kadwa	Khairpur Kadwa	Naugachia	22
13.09.18	Bodwa Tola Kadwa	Kadwa Diara	Naugachia	25
14.09.18	Laxminia Kadwa	Khairpur Kadwa	Naugachia	33
18.09.18	Kadwa Kanchanpur	Kadwa Diara	Naugachia	26
			TOTAL	321





D. Improved Health & Overall Village Development: In 2018-19, 16 training programs covering different aspects of health and hygiene were organized. These health programs imparted health education and sensitization to the community on preventive and promotive health grounds. 526 SHG women of different villages of Naugachia, Kharik and Bihpur blocks were benefitted as they were aware of the importance of maintaining hygiene in daily life for good health. In addition, participants were also spurred to boost up their daily nutrition intake and were encouraged to use bio-sand water filters for clean water and avoiding installing of hand pumps at homes near toilets.

The following important health aspects were also discussed with the participants:

- 1. Rural women do not put the care of during the menstruation period but it is very important to take care during this period. It was informed that they should not make use of dirty clothes as it improves the chances of urinary tract infections. If they use cloth then it should be washed with Dettol before using. Adolescent health was also discussed and it was advised to use napkins during menstruation.
- 2. The means of family planning and the importance of spacing between two children were also discussed. Only sterilization is not the means of family planning. Free distribution of medicines and injections in the HSCs and PHCs are provided by the Government and they should take benefit of it.
- 3. The health aspects of pregnant women were also discussed. It was told that eating nutritious diets during pregnancy is linked to good fetal brain development, a healthy birth weight, and it reduces the risk of many birth defects. A balanced diet will also reduce the risks of anemia, as well as other unpleasant pregnancy symptoms such as fatigue and morning sickness. A well-balanced pregnancy diet includes protein, vitamin C, calcium, fruits and vegetables, whole grains and iron-rich foods. Free Vaccination can be taken at ICDS centers. It was also informed that 3 vaccinations should be taken from conception till 8th months of pregnancy period.

The training was quite helpful for the participants and it improved their knowledge about maintaining health and hygiene, menstruation, family planning, notorious diets during pregnancy and vaccination. As a result, women are now maintaining appropriate health precautions. It has been observed that because of poverty and lack of information women face a lot of health problems in life. Therefore, regular health check-up for the low cost and traditional health systems of Ayurved, Homeopath and Acupressure consultation by experienced doctors were encouraged.





E. <u>Promotion of Banana Farming</u>: Regular training helped **201** participants (SHG women) to know how banana farming is helpful to minimize low agriculture production and for economic gain. Participants were informed about the assistance provided by the agriculture departments for banana farming at the district and block levels. Special emphasis was made for improving knowledge of various diseases that are found in a Banana tree. Use of organic farming was also emphasized. Later, participants were encouraged to go for banana farming in their agriculture lands to minimize low agriculture production and to earn profits. The beneficiaries are now adopting Banana farming in their lands and have gained economic sustainability.

F. <u>Agriculture Promotion Program</u>- An exposure visit of <u>35</u> women of the Kharik block was organized at Sabour Agriculture University, Bhagalpur on 24.08.2018. During the visit,

participants learned about the improved techniques of the vegetable cultivation from Dr. Randhir Kumar Verma, the Director of the Sabour Agriculture University. He informed participants about the techniques of improving vegetable yields. He said that success in vegetable production whether it is organic or not depends on a well thought out plants. Key factors that should be considered carefully during the planning stage of the farming operation are site selection, water supply and



quality, crop and variety selection and market development. If the wrong decision is made in the operation will cause failure. As these women have the experience of vegetable cultivation so this exposure visit helped them immensely.

G. <u>Mass Awareness on Disaster Management</u>: A total of **25** disaster management workshops were organized at different villages of Naugachia block. A total of **776** people (Men-**57** & Women-**719**) became familiar with disasters through these workshops. The participants were informed that there are several types of disasters like earthquakes, flood, fire, storm and drought. Therefore, knowhow to tackle disasters is very important. Huge plantation of trees is effective to reduce the occurrence of disasters. Later, a demonstration on the disaster was displayed to rescue and how to render emergency services in an adverse situation. Importance of the formation of

"Disaster Relief Kosh", "Disaster Task Force" and "Disaster Relief Team" to tackle disasters was also emphasized. Participants were also informed about the govt. support during

disasters and how to access them? Other issues like sanitation and hygiene, girls' education, child marriage, dowry etc. were also discussed during these workshops.

Wall writings were also done at community places in the villages of the Kharik block that helped in promoting awareness among the masses on what is a



disaster, how to protect from disaster, preparation before the disaster, why disaster occurs, how to take help of the govt. disaster support mechanism etc. Phone numbers of the District Disaster Management Officers, Block Officers and PRI were also painted along with the slogans on the disaster.

SUCCESS STORY-1



- ♦ Name: Suprabha Devi
- ♦ Address: W/O Shailendra Mandal
- ♦ Village: Lokmanpur Kadwa,
- ♦ Block: Naugachia
- ♦ Name of the SHG: Juhi SHG
- ♦ Year of establishment: 4.12.2015
- ♦ Total Savings: Rs. 9,840/-
- ♦ Training Received: Bio Sand Filter, Banana Farming and Vegetable Cultivation.

Suprabha family is very poor and because of the reason, she was forced to take money on a high rate of interest from money lenders for meeting her family needs. She joined SHG with the objectives to do savings for the future of her family and also to work for the development of her village with the cooperation of other group members. In the meantime, Suprabha also joined training classes of Bio Sand Filter, Banana Farming and Vegetable Cultivation. The production of banana and vegetables of her lands increased because of the knowledge and skill that she gained during training. It helps to improve her poor economic condition now. Her family is drinking the water of the bio-sand filters thus the overall family health has also improved. Suparbha's family economic situation has become stable now.

Suparbha is very thankful to Nau Jan Lok for this support and wishes that this should continue for a long time.

SUCCESS STORY-2



- ♦ Name: Rubi Devi
- ♦ Address: W/O Manoj Rishidev
- ♦ Village: Bodwa Musahri
- ♦ Block: Naugachia
- ♦ Training Received: Health Awareness

Rubi Devi received health training by Nakul Pandit- Trainer of Nau Jan Lok. Rubi narrated that she came to know about various hygienic and healthy practices like eating healthy home cooked food and avoid food from outside, early rising, hand washing, taking bath every day, wear clean clothes, use a mosquito net, do not install hand pump near toilets, cleaning the surroundings etc. Earlier, she and her family were facing health problems and always suffer from different diseases. This put a great economic burden on them. Now because of the health awareness training program, she is taking all health precautions in daily life and living a healthy life.

SUCCESS STORY-3



♦ Name: Sarita Devi

♦ Address: W/O Arun Rishidev

♦ Village: Bodwa Musahri

♦ Block: Naugachia

♦ Training Received: Disaster Awareness

Sarita Devi received training on DRR by Nakul Pandit-Trainer of Nau Jan Lok. Sarita said that she came to know about different aspects of disaster during the training like type of disasters like floods, earthquakes, drought, storms and fires. It was emphasized that one has to show courage during disasters. Flood is one of the most general phenomena of disaster and when a flood occurs, one should have to go to live at height and always have to follow radio/TV and newspapers to take the stock of the situation. Do not believe in rumors and look to take the support of the government relief programs and of the social development agencies and NGOs. Sarita Devi said that now she is well informed on Disaster and now able to take appropriate steps when a flood or any other forms of disaster occurred.

Overall Achievements of the Misereor's Project

- 9 project staff and imparted orientation meetings. Capacities of the recruited staff enhanced on the topics of disaster management, climate change, livelihood, SHGs and for quality and timely implementation of the project.
- 1 capacity building seminar organized for project staff.
- *50* Self-Help Groups (SHGs) formed with *600* women members. The process initiated for building a strong platform for the self-reliability of these SHGs.
- 570 participants benefitted through block-level mass awareness meetings. The participants comprised of SHG members, PRI elected representatives like Mukhia, Sarpanch, Ward Member, Deputy Pramukh and Social Workers who came to know about disasters and prevention measures. Formation of disaster task force, disaster fund, VDCs and youth groups were emphasized in order to mitigate disaster affects comprehensively and to cope up the problems of the flood and also about the ways of accessing health benefits of the PHCs for diseases like diarrhea, anemia, skin diseases, women and child health, provision of safe drinking water etc.
- 8 villages have successfully adopted an early warning system.
- *360* women received livelihood training in Jute Bag Making, Advanced Cloth Making, Manjusa Art Paintings, Vermin Compost, Vegetable Gardening, Bio-Sand Water Filters, Agriculture Promotion and Banana Cultivation.
- **45** SHG women are doing vegetable gardening in 3 villages of the Naugachia and Kharik blocks. Other women of the SHGs have also undertaken initiatives in this direction.
- 9 villages covered under Hazard Mapping.
- 27 DMCs and DMTFs have been formed.
- 81 DMC leaders trained.
- 270 DMC members meetings held.
- 135 DMTF members trained on DRR issues.
- 135 DMTF members participated in monthly group meetings.
- 563 SHGs/VDCs members/leaders trained.

- 5 risk and resource mapping exercises benefitted 120 people.
- 27 VDCs formed in different villages and 135 VDC members participated in health and village development issues.
- 135 VDC members participated in monthly group meetings.
- 54 wall paintings and 27 street play organized on DRR.
- 21 training organized. 563 SHGs/VDCs members/leaders trained and strengthened.
- 11 trainings conducted on DRR and hazard mapping. 312 participants participated.
- 15 staff and volunteers benefited through capacity building training.
- (III) DRR PROGRAM: 55P, MUMBAL: Since 2011, Nau Jan Lok has been involved in addressing the DRR and Climate Change issues within the network of the MISEREOR partners across Bihar with the support of SSP, Mumbai. The following activities were carried out during 2018-19:

(1) <u>Agriculture Based Skill Development Training Program (Organic Farming)</u>: On 17/03/2019, skill development training was organized at Vill. Nawada, Panchayat:

Akidatpur, Block: Kharik by Nau Jan Lok. In this one-day training program, members of the Anchal SHG, Saraswati SHG, Maa Maharshi SHG Bhagwati SHG, and participated. Mr. Gautam Kumar, State Coordinator of SSP interacted with the participants and encouraged them to learn of preparing organic fertilizers/organic pesticides and spread their



knowledge to reach more and more women SHGs to learn this skill for their benefits. He told participants that they can also use the household waste to prepare fertilizers as this will not only help in preparing fertilizers but also help to waste management. Methods for preparing organic fertilizer were discussed as follows:

- ◆ Preparing Pit (2 Numbers).
- ♦ Using 1 Pipe with Hole.
- ♦ Put all wastes in the prepared pits until it becomes full. Put the pipe in the pits in standing way and fill and paste the pits with mud. The wastes will convert into fertilizers after 45 days.

Methods for preparing organic pesticides were discussed as follows:

- ♦ Use a Bucket or Pot of 20 Liters.
- ♦ Put 250 gm Sugar, Garlic, 250 gm chewing tobacco (Khaini), 250 gm green chili and 3-liter cow urine in the bucket or pot and make it sealed for 10 days. After 10 days, indigenous medicines will prepare. It is low cost and also harmless for health.
- (2) <u>CRF (Micro Loan Distribution)</u>. The details of the SHGs that were distributed micro loans are as follows:

SI. No.	Date	Name of the SHGs	Village	Panchayat	Block	Amount of Micro Loans (Rs.)	Purpose of Distribution
1.	18.03.2019	Mahishi Jeevika SHG	Raghopur	Raghopur	Kharik	13,000	To promote vegetable cultivation through organic fertilizers

2.	18.03.2019	Maa Bhagwati Jeevika SHG	Nawada	Akidatpur	Kharik	13,000	-do-
3.	18.03.2019	Sarswati Jeevika SHG	Nawada	Akidatpur	Kharik	13,000	-do-
4.	18.03.2019	Aanchal Jeevika SHG	Jhawn	Akidatpur	Kharik	15,000	-do-
					TOTAL	54,000	





04 SHGs have distributed a total sum of *Rs. 54,000/-* as microloan by Nau Jan Lok with the objectives to:

- (i) Produce organic fertilizers and organic medicines.
- (ii) Strengthening of the internal system of SHGs.
- (iii) Motivate SHG groups for regular production of organic fertilizers and
- (iv) Avail benefits of govt. schemes and programs especially for Agriculture promotion.

It was strongly suggested to the SHG members that they should only use organic fertilizers in their agriculture fields to improve their poor socio-economic condition.

(3) *Resilience Development Training*. On 4/2/2019, a capacity building training program was organized for the members of the SHGs at village Jhawn of Akidatpur Panchayat of the Kharik block. At the start of the session, Mr. Arun Kumar- Resource Person of the

training program discussed in details about the working methodology and importance of the capacity building for the members of SHGs. He encouraged participants to start IGAs so that their income may increase. Discussing the traditional employment generation aspect, it was emphasized that before starting any business it is essential that the SHG members should be active and has the required abilities to start a business. He further said that it is important to do proper planning before starting a business. For example, he



said that a person who wants to go for vegetable cultivation should have to plan properly to get the desired profit out of the work. The participants were also encouraged to opt for group employment and plan properly for the success of it with the equal participation of all SHG members.

(4) Peer Learning Exchange-Leaders with Old and New Villages. On 22/2/2019, a one-day exposure visit was organized for 32 SHGs. The venue of the exposure visit was Lokmanpur Kadwa of Naugachia block. The objective was to give SHG members proper

exposure to sharpen their skill in Agriculture practices by the production and uses of organic fertilizers. At the moment, *22* SHGs has started producing organic fertilizers. They have taken govt. support for organic fertilizers and also educating other SHG members for the production of organic fertilizers.

Women SHGs also came to know about the harm of the use of chemical fertilizers. The harm that chemical fertilizers may cause includes waterway pollution, chemical burn to crops, increased air pollution, acidification and mineral depletion of the soil. It is producing diseases and that is ultimately weakening the



family economy in the villages. Therefore, women SHG members have now decided to use organic farming practices in their Agriculture fields for producing good crop yields. The exposure visit was very beneficial for the SHGs as it has not only improved the knowledge of preparing organic fertilizers but also about the improved Agriculture production.

(IV) EDUCATION, VOCATIONAL TRAINING & AWARENESS PROGRAM:

With financial support from "Solidarity Group of Eugendorf", a project on education cum literacy for women and children were undertaken. As a result, *240* illiterate women in *08* villages of the Khagaria block of Khagaria district in Bihar were made literate to read and write. During the start of the activity village meetings were organized with 100% participation of the poor and illiterate women and adolescent girls of the project area. Literacy classes conducted through *08* literacy centers undertaking beneficiaries from the identified villages. There were *30* learners (children and women- 30 Learners x 8 villages) Total: *240* learners in these education centers. *08* qualified and experienced instructors were recruited for taking classes in rotations in the education centers. The classes conducted in a very positive atmosphere. Teaching-learning materials distributed among the learners that assisted them in getting educated. The result has been very positive and about *60%* of learners have now become literate. They are now able to read and write with ease.



(V) Millennium Alliance Project: Nau Jan Lok is a proud partner of The

Millennium Alliance that is an inclusive platform to leverage Indian creativity, expertise, and resources to identify and scale innovative solutions being developed and tested in India to address development challenges that will benefit base of the pyramid populations across India and the world. The MA is a network to bring together various actors within India's social innovation ecosystem including, but not limited to, social innovators, philanthropy organizations, social venture capitalists, angel investors, donors, service providers, and corporate foundations, to stimulate and facilitate financial contributions from the private and public sectors and offer a range of support to

innovators. Under FICCI's leadership and in partnership with United States Agency for International Development (USAID) and the Technology Development Board (TDB), and other MA partners, the Alliance will help to realize India's role as a global innovation laboratory.

Since June 2017, Nau Jan Lok is supported by Millennium Alliance for "Bhagalpur Banana Fiber Project" for extraction of high-quality banana fibers from waste banana trunks. This is providing direct employment to especially the women and men also and promotion of organic manure from the waste trunks and



thus solving completely the waste management and health issues caused by open decaying of the Banana Trunks in large quantities. The project is being implemented in Naugachia, Kharik and Bihpur blocks in Bhagalpur district in Bihar.

HIGHLIGHTS OF ACHIEVEMENTS

- Training of *10* project level managerial staff on the project management and monitoring were conducted.
- Formation of *06* Banana Farmers' Association; *50* members in each. Total *300* members responsible to look after the banana trunk collection and utilization for extracting Banana Fibers.
- 10 days training of 25 facilitators of Banana Farmers' Association organized at Kharik block. The facilitators were informed on the plantation of advanced variety of Banana and about the grant and subsidies provided by the block and district administrations for promotion of banana cultivation in the area. Information regarding the registration process of the farmers was also provided.
- 18 days training of 50 facilitators of the Producer Association of Banana Farmers' organized in Kharik block. The facilitators were informed on the type of banana, roles of facilitators, how to promote awareness among farmers etc.
- 02 meetings organized for the formation of Producer Association for Women organized at Bihapur and Kharik blocks in which total 100 women participated. The beneficiaries were informed about the process of the formation and marketing of the produced Banana Fibers.
- 10 capacity building training of the members of the Banana Farmers' Producer Association conducted in Naugachia and Kharik blocks in which 500 Banana Farmers participated. Emphasis was made for the strengthening of the association and the govt. support available for banana farmers.

- 20 days training organized for making of the products of the Banana Fibers in the Kharik and Naugachia blocks. 200 women were benefitted by the training and now preparing items like bag, purse, tea coaster etc. from the banana fibers. 132 women have now started producing items and selling them in the market.
- 10 workshops organized at different villages of the Kharik and Bihpur blocks in which 500 Banana Farmers participated. Farmers were given the details of the MA project. How economic sustainability can be gained by cultivation of banana farming was discussed in details.
- 10 training programs organized for 500 members of the Banana Farmer Association.
- 250 Farmers imparted training on Banana Fiber at Kharik block.
- 08 Leadership Development training programs conducted for 400 members of the Banana Fiber producer Association.
- 20 days training on producing vermin compost from waste banana trunk organized (04 Numbers). A total of 200 women were benefitted by training.
- 200 women benefitted through extracting banana fiber at Kharik block. At present, 1.5 quintal banana fiber is available with Kharik Bazar Producer Association.
- **500** BPL women received training on banana farming at Naugachia, Kharik and Bihpur blocks. At present, **1.5** quintal banana fiber is available with Kharik Bazar Producer Association.

(VI) OTHER NEED BASED PROGRAMS

(I) <u>Family Planning Awareness Campaign</u>: Nau Jan Lok as a network partner of Agragami India is working for the cause of Family Planning in Bhagalpur district in Bihar. The participation of Nau Jan Lok in this network is solely as voluntary basis and is committed to work for the promotion of the network goal to extend civil society assistance to the government of Bihar to achieve the goal of 71.25 Lac new users of contraception by 2020. Members of this network are sincerely engaged in implementing programs on a wide range of social and development issues including maternal and child health and survival, family planning, livelihood, self-help groups, education and disaster management. The strategy adopted by the members of this network for achieving FP 2020 goals is to routinely incorporate family planning promotion into all of the work and to identify and use **Local Champions** of Family Planning to communicate with and motivate others to delay and space childbearing and to achieve small families.

The program is underway since October, 2017 by Nau Jan Lok in rural areas of Gopalpur

and Bihpur blocks in Bhagalpur district in Bihar. In 2018-19, (i) Workshop for District Level Champion was organized on 5/04/2018 in which *12* DLCs participated. The participants were told that their role is very crucial in family awareness planning campaign because of their direct linkage with SHGs and community. They were told to remain in regular touch with ASHA, Anganwadi Sewika/Sahayaka and community members to make



family planning campaign a great success. (ii) Awareness Program with PRI organized on

23/02/2019 at Kharik block in which *25* PRIs participated. They were told to routinely incorporate family planning promotion into all of the work and to identify and use local champions of Family Planning to communicate with and motivate others to delay and space childbearing and to achieve small families. (iii) One day meetings with *80* Anganwadi Sewika and ANM organized on 25/01/2019 and 5/03/2019 at Bihpur block. The participants were told to regularly inform community especially rural women for adoption of small family norms and about the FP materials and facilities available at APHC, PHC and HSC level.

The FP awareness campaign was a success and so far a total of *1,000* people (Female-*725* and Male-*275*) were benefitted by the awareness generated.

(II) <u>Awareness Program on World Population Day</u>: An awareness program on the occasion of World Health Day on 11/07/18 was organized at Raghopur panchayat in Kharik block in Bhagalpur district in Bihar. *44* participants that included SHGs, villagers and PRIs participated in the program and were informed on following aspects-

- Increase in world population.
- Problems faced by India due to increasing population.
- Efforts made by Govt. and NGOs on FP.
- Information of Government facilities for FP like Mala D, Copper-T and Sterilization.

Key messages on family planning, such as – Avoid early marriage, Adopt small family norms, Plan proper spacing between two children, Save the Girl Child; etc. were also conveyed to participants.



[III] Participation in Management of Schools: Nau Jan Lok has established 01 School (1995) at Nanhkar village and 01 School (2000) at Maircha village in Kharik block in Bhagalpur district in Bihar. These are primary schools (Class I-V). In the mentioned villages where no govt. schools exist. While working in the Kharik block the needs for establishment of Primary schools for children was felt. The village communities were also looking forward to the establishment of a school for the education of their children. A strategy was chalked and these schools were established with the support of NEG, New Delhi/Misereor, Germany. As per the policy of NEG, community supported 25% of the expenditure in the form of cash, land and labor. Girl's education in the area is dismal 7-8 percent only because of the conservative nature of the parents of girls and school availability at 2-3 km away. In Maircha village mostly Dalit/Mahadilt community reside. The children of the Dalit/Mahadalit community faced discrimination by the upper caste children and that resulted in the inclination of Dalit/Mahadalit children for education. In

the backdrop of this entire situation, these schools were established for improving the literacy percentage of the area. These schools ran with the support of NEG/Misereor for 3 years (1995-1998 (Nanhkar) and 2001-2003 (Maircha) and for 2 years through community support. In 2006, both schools were handed over to the education department, Govt. of Bihar for its further running. In Maircha village, the school building which we have handed over to the Govt. has been expanded after the community pressure.





In 2018-19, Nau Jan Lok has continued its support to improve quality of education in these Govt. schools by organizing periodic meetings of SMC, making arrangements for improving basic facilities in schools and training at CRC level. Regular interaction and meetings with Govt. officials like BDO and Block Education Officer have improved the situation of these schools now.